

JOHN MALLISON MINISTRIES

# **ACTION PLAN**

(For use by mentorees as a follow up to a mentoring session or during or following a Transition Retreat)

## 1. Need

Identify one issue on which you could work to positively impact your life or leadership.

## 2. Hope – Outcome

What may happen if change takes place?

How would your life and ministry be different?

## 3. Helping Forces

- List the people, circumstances, habits, institutions, attitudes, resources, time factors, etc, which would support this change.
- Describe after each how they might do this.
- Why would you personally want to make this change?

## 4. Blocking Forces

- List the people, circumstances, habits, attitudes, institutions, resources, time factors, etc, which would oppose this change.
- Describe after each how they might do this.
- What will you need to deal with personally to make this change?

## 5. Maximise the Helping Forces

How can you increase the strength of any of the helping forces?

How can you tap into new or additional sources of power to change?

#### 6. Decreasing or Removing Blocking Forces

How can you remove or decrease the strength of blocking forces?

#### 7. Insights and Action Ideas

Write down a few insights from the last two steps and opposite each a possible course of action.

#### 8. Commitments and Deadlines

Think over the possibilities. Which will you commit to work on? By when? (Be realistic and specific).

To whom can you make yourself accountable in this change?

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