



Christian Mentoring

JOHN MALLISON MINISTRIES

ACTION PLAN

(For use by mentorees as a follow up to a mentoring session or during or following a Transition Retreat)

1. Need

Identify one issue on which you could work to positively impact your life or leadership.

2. Hope – Outcome

What may happen if change takes place?

How would your life and ministry be different?

3. Helping Forces

- List the people, circumstances, habits, institutions, attitudes, resources, time factors, etc, which would support this change.
- Describe after each how they might do this.
- Why would you personally want to make this change?

4. Blocking Forces

- List the people, circumstances, habits, attitudes, institutions, resources, time factors, etc, which would oppose this change.
- Describe after each how they might do this.
- What will you need to deal with personally to make this change?

5. Maximise the Helping Forces

How can you increase the strength of any of the helping forces?

How can you tap into new or additional sources of power to change?

6. Decreasing or Removing Blocking Forces

How can you remove or decrease the strength of blocking forces?

7. Insights and Action Ideas

Write down a few insights from the last two steps and opposite each a possible course of action.

8. Commitments and Deadlines

Think over the possibilities. Which will you commit to work on? By when?
(Be realistic and specific).

To whom can you make yourself accountable in this change?