



Christian Mentoring

JOHN MALLISON MINISTRIES

MANAGING MY PERSONAL AND FAMILY LIFE

(Some questions for a mentoree to complete prior to a mentoring session which form the basis for the whole of a session or part of a number of sessions. It is helpful if the mentoree sends a summary to their work prior the session but not essential.)

1. Caring for yourself

How do you seek to care for yourself as a person in ministry?

In what ways do you neglect or fail to care for yourself?

2. Caring for your spouse

What are the best parts of sharing in ministry together (however you express that)?

How do you seek to care for your spouse as a person, either in ministry or as someone directly affected by your ministry?

In what ways are you likely to neglect or fail to care for your spouse?

What tensions are you struggling with as a couple in ministry?

3. Caring for your children

What are the best parts of sharing in ministry together as a family (however you express that)?

How do you seek to care for your children as a person in ministry, especially as your ministry directly affects them?

In what ways are you likely to neglect or fail your children?

What tensions are you struggling with as a family in ministry?

4. Caring for your friends

In what ways do your friendships enrich your life and ministry?

What difficulties do you experience in developing and maintaining friendships?

In what ways are you likely to fail or neglect your friendships?

(Prepared by John Mallison)