



# Christian Mentoring

JOHN MALLISON MINISTRIES

## SKILLS AND TOOLS FOR MENTORING

Be sure to first read 'Trainers Notes' on pages 193-201.

This is the plan that I follow for a teaching unit comprised of 4 x 1.5 hour sessions in a one-day seminar or separate sessions.

It is a packed program as I seek to give an overview of mentoring and some help in how to go about it in the limited time available. However it receives positive responses, with many saying that having my book to explore issues raised has made it very worthwhile.

### Outcome:

The participants will have an understanding of the need to have both those who are more mature than they are to coach them in their life and service as Christian disciples and a peer for mutual support.

They will also have some understanding of the biblical basics for disciple-making and the centrality of a growing relationship to Christ, empowered by the Holy Spirit.

They will also be encouraged to take initiatives in mentoring less mature followers of Jesus Christ and be introduced to some of the basic skills needed for them to undertake this effectively.

### Notes on Session Plans:

The participants form into pairs for the first session to get acquainted and for prayer.

Illustrated short lectures are given based on the text book '*Mentoring to Develop Disciples and Leaders*'. Sometimes, instead of a short lecture, I have the participants scan a few relevant pages in the book. Where this is done I usually precede this individual work with a slide showing the main points in that section. This is followed by discussion in pairs and/or groups of 4 or 6 using the questions in the relevant Study Guide.

The plenary segments following the group work allow for answering of questions, general feedback and further discussion. Whiteboards are used to collate some of this plenary work.

The Session Plan shows only approximate timing.

The numbers of relevant slides listed and page numbers in the text book give a guide to the possible content of the lectures. Only a few of the relevant slides are listed so consider using others as well as, or instead of those listed. **Refer to A.1.(ii) Notes...for comments on some slides.**

### SESSION 1:

- (i) **Welcome and Outline of Program**
  - Slides: 01. 1,2 or 3 or 4
  
- (ii) **Get Acquainted and Prayer Time**
  - Slides: 02. 1,5 or 6 or 7,8,9
  - 15 minutes
  
- (iii) **Introduction to Mentoring**
  - **Lecture** – pages 8, 34
    - Slides: 05. 1,2,3,6; 09.1 to13,15
  - 20 minutes



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**- Response**

**- Plenary Brainstorm of Question 1**

('Personal' p.36) – **3 minutes**

**- Individual Reflection** - Question 3

('Personal' p.36) – **3 minutes**

**- In pairs or groups** – Question 4

('Personal' p.36) – **10 minutes**

**- Plenary feedback and discussion – 10 minutes**

*(iv)* **Mentoring As a Dynamic System**

• **Lecture** – pages 50,51 41, 37-39

- **Slides: 13.1 to 5; 11.1,2; 10.1 to 5**

- 10 minutes

**- Response**

- **In pairs or groups** – Question 2

('Personal' p.53) – **5 minutes**

- **Plenary** feedback and discussion – **5 minutes**

• **Lecture** ('Make Disciples) pages 17-24

- **Slides: 06. 1 to 8**

- 3 minutes

**- Response**

- Plenary brainstorm – Question 2

('Personal' P.24) – **5 minutes**

- **In pairs** – Question 3

('Personal' p.53) – **5 minutes**

- Plenary feedback – **5 minutes**

• **Lecture** ('You Can Do it') page 14

- **Slides: 05.14,15**

- 1 minute

**BREAK** – (Morning Tea)

**SESSION 2:**

*(i)* **Mentoring in Perspective**

• **Lecture** – pages 11, 46-48, 23, 75 to 85

- **Slides: 05.7,8; 12.1,2,3; 17.1 to 10** (maybe omit 5-7)

- 20 minutes

**- Response**

- **In groups** - Questions 3 or 4

('Personal' – p.85) – **15 minutes**

- **Plenary feedback** – **10 minutes**

*(ii)* **Boundaries**

• **Lecture** – pages 116-123

(Possible introduction using summary of pages 116,117 and all individually scanning pages 117-122)

- **Slides: 24.1,2,3**

- 10 minutes

**- Response**

- **Individually** - Questions 1,3

('Personal' pages 122-123) – **5 minutes**

- **Plenary feedback** – Question 1



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- (Group Work' – page 123) – **10 minutes**
- **Group Work** – Assign **one** of questions 2,3,7 to each group ('Group Work) – page 123) – **10 minutes**
- **Plenary feedback** – **15 minutes**

(iii) **Mentoring Styles**

- **Lecture** pages 87, 88 (or individuals read)
  - **Slides:18.** Select from 1 to 6
  - 3 minutes
- Response**
  - **Plenary discussion** of Question 3 ('Group work' page 90) – **8 minutes**

**BREAK** – (Lunch)

**SESSION 3:**

(i) **Peer Mentoring**

- (**Slides: 14.1,2** to briefly introduce)
- **Individual Work** – read pages 53-58
- 8 minutes
- **Group Work** – Question 1 ('Personal' page 58) – **8 minutes**

(ii) **Questions**

- **Lecture** - page 124 (Drawing attention to other sections of book providing questions
  - see Additions A.2 (i)g)
  - **Slides: 25.1,2**
  - 3 minutes

(iii) **Active Listening**

- **Lecture** (pages 129-135)
  - **5 minutes**
  - **Slides: 26.1** to 4,12
  - **Response**
    - **In Groups** – Questions 1 & 2 ('Personal' page 135)
    - **8 minutes**

(iv) **Bible Primary Resource**

- **Lecture** – pages 101-103
  - **Slides: 22.1,2,4,5,6,8,9**
  - **5 minutes**
  - **Response**
    - **Individual Work** - Question 3 ('Personal') – page 104. To introduce, use **Slides: 22.11** to 14 see Additions A.2.(i)e – **3 minutes**
    - **In Pairs** – Share individual work – **3 minutes**
    - **Closing prayer together**

**BREAK** - (Afternoon Tea)



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## SESSION 4:

- (i) **A Design for a Mentoring Session**
  - **Role play** by session leader with previously briefed participant ('Assessment Session' p.144)
    - 5 minutes
    - **Plenary discussion** – 5 minutes
  
- (ii) **More Guidelines**
  - **Individual Work** (scan pages 137-143) – **8 minutes**
  - **Response**
    - **Groups** Discuss any item that was especially significant – **15 minutes**
    - **Plenary Discussion** – **15 minutes**
  
- (iii) **Finding a Mentor/Mentoree**
  - Draw attention to pages 94-96 and 175-180
  
- (iv) **Crucial Role of Prayer**
  - **Lecture** – pages 97-99
    - **Slides: 21.** 1,2,5,7,6 (See Additions A.2 (i)d re slide 4)
    - **5 minutes**
    - **Response**
      - **Individual Work** – Question 6 ('Personal' – page 100) – **3 minutes**
      - **In Pairs** – Question 2 ('Group Work' – page 100) – **3 minutes**
      - **Closing Prayer together**

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